

Revealing, Recognising, Rewarding Positive Role Models

YOPEY – the Young People of the Year charity

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Dear YOPEY Befrienders... For 2017-18 you will earn

Gold YOPEY Befriender certificate for 30 hours of volunteering
Platinum Star YOPEY Befriender certificate for 50 hours of volunteering. You will also receive an enamel badge for completing the training and DBS application successfully and digital badges for 10 hours onwards. In these hours you can include time spent training and time away from the care home working on projects for your friends.

New for 2017 – **enamel YOPEY Befriender badges** which we will give to YOPEY Befrienders after they have successfully completed their training and DBS applications.

If you want a **personal reference letter** from YOPEY for a university or job application we expect you to have completed at least 30 hours.

We also have a **Life Story certificate** if you do a life story on a resident without dementia, and a **Dementia Life Story certificate** if you do a life story on a resident with dementia. There are no time qualifications for these certificates but we do expect them to be done to the best of your ability, to involve a reasonable amount of time and to be pleasing to the resident's family and/or carers.

We also have a **Special certificate** for any YOPEY Befriender who does something special in the care home, such as taking a pet to visit residents, leading a singsong, organising a party etc. Even organising a trip-out. Always clear all these ideas with the home's management first.

By the time you start visiting the care home we hope to have launched our new web app yopeybefriender.org. If we have this will reward you with 'badges' for 10 hours of visits and 10 visits onwards. It will also show you on 'real time' leaderboards how you and your school are doing compared to other YOPEY Befrienders nationwide.

Please give plenty of information in the fields 'What I did' 'and 'Who with'. It's this information that we use to decide whether there is a possible story in what you are doing and whether you deserve a Special certificate.

As well as submitting your visits via yopeybefriender.org you will also be required to fill in a guestbook at the care home. For safety reasons many homes require you to sign in when you arrive and sign out when you leave. Do not forget to do this.

Submitting your visits and other YOPEY Befriender volunteering via the web app and filling in the care home's guestbook are not an either/or. Both are required.

We also seek donations of gifts that we can give to YOPEY Befrienders. In the past year we have been donated and rewarded YOPEY Befrienders with **gym memberships, cinema and theatre tickets and books signed by authors**. If you know a business owner or director of a company that might like to donate rewards for YOPEY Befrienders, please put us in touch. We are particularly looking for driving schools in your area to donate free introductory lessons...

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